

The John Howard Society of Manitoba works with men in conflict with the law, before, during and after incarceration.

We also look at ways to repair harm and restore relationships damaged by crime. We offer all of our services with respect and without judgment.

THESE SERVICES INCLUDE:

- Programs and classes offered inside institutions.
- Helping men in jail/prison plan for release/parole.
- Providing assistance to men after their release by providing support, referrals and programming.
- Raising issues of concern with the proper authorities on behalf of those serving time.
- Advocating for a more effective and fair criminal justice system.
- Providing Literacy workbooks and Harm Reduction courses on a range of relevant topics for clients and other service agencies.

INCARCERATED in the Winnipeg Remand Centre or Headingley Correctional Centre?

You can fill out a request form and ask for a JHS staff-person to come and see you.

Incarcerated elsewhere? Call us collect or write us—we'll get back to you.

ADDITIONAL COMMUNITY RESOURCES

- Alcoholics Anonymous **942-0126**
- Addictions Foundation **944-6200**
- Cocaine Anonymous **936-0000**
- Elizabeth Fry Society **589-7335**
- Employment and Income Assistance **945-2177**
- John Howard Society of Brandon
1 (204) 727-1696
- Klinik Crisis Line **786-8686**
- Law Clinic, University of Manitoba **985-5206**
- Legal Aid Manitoba **985-8500**
- Ma Mawi Wi Chi Itata Centre **925-0300**
- Manitoba Human Rights Commission **945-3007**
- Opportunities for Employment **925-3595**
- Siloam Mission **956-4344**
- Winnipeg Harvest **982-3663**

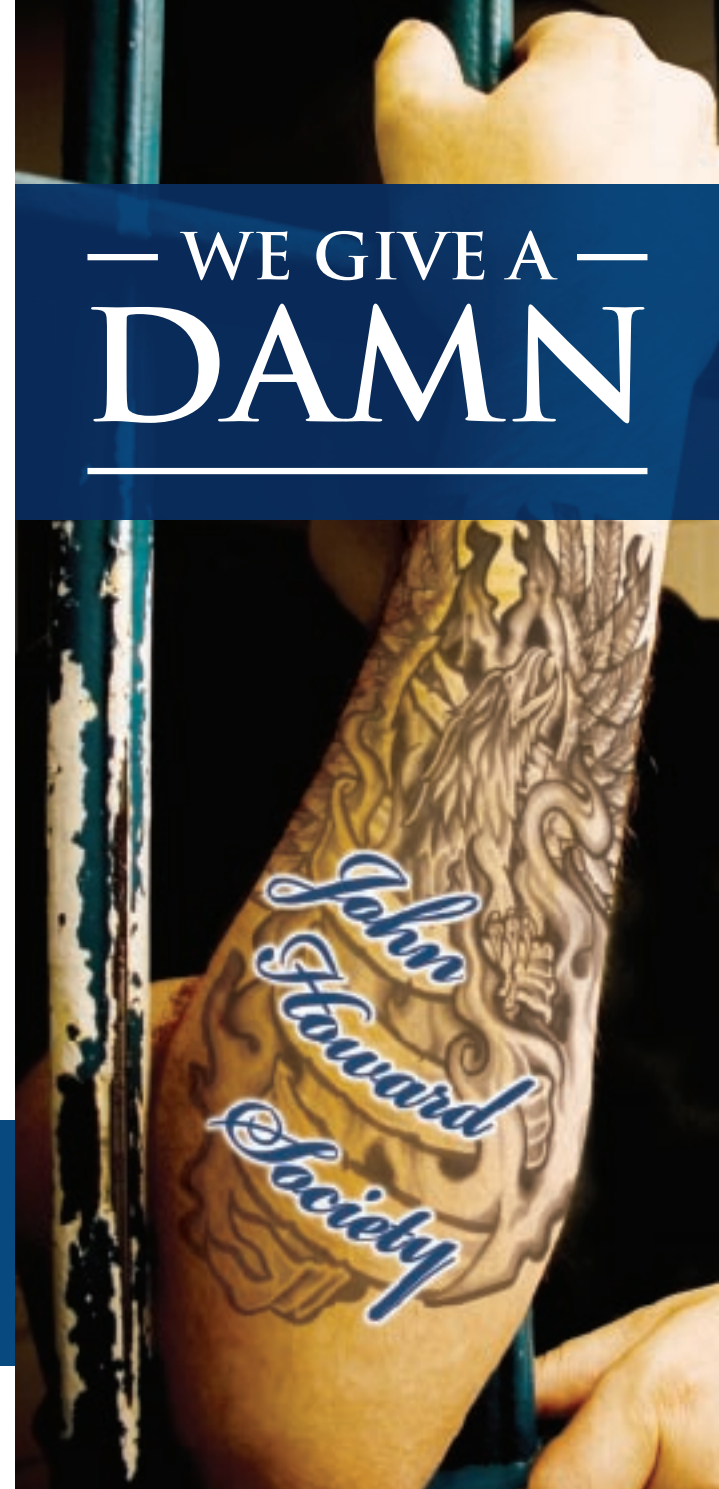
CLOTHING CLOSET

The John Howard Society has a clothing closet that clients can access when they are released. Please come in to see our clothing closet, or ask our staff what is available when you are living in the community.

JOHN HOWARD SOCIETY OF MANITOBA

583 Ellice Avenue
Winnipeg, MB R3B 1Z7
Phone: (204) 775-1514
Fax: (204) 775-1670
www.johnhoward.mb.ca

— WE GIVE A —
DAMN



— CALL US —

WE GIVE — A DAMN — ABOUT:

Helping with Pardons

Planning for Release

Employment Preparation

Anger Management

Parenting

Literacy

Issues Affecting Men in Jail

YOUR ISSUE IS OUR CONCERN



PROGRAMS AND SERVICES

RE-INTEGRATION SERVICES

Staff from John Howard Society provide support and help with release planning, parole and other issues you may face as you re-enter the community. We can help you finding resources for getting a job, finding a place to stay, connecting with treatment programs, and we have clothing.

LITERACY PROGRAM

Classes and one to one tutoring are offered to residents at the Winnipeg Remand Centre to improve literacy and learning. JHS also helps those wanting to work towards a GED, mature grade 12 or other upgrading. Literacy assistance and referrals are also available to you when you are back living in the community.

PRE-EMPLOYMENT SKILLS WORKSHOPS

Staff provide workshops on preparing for work, writing a resume and finding employment upon release.

PARENTING CLASSES FOR DADS

Classes are offered both inside the institutions, and in the community. Role modeling, and support is provided to engage men in getting a greater understanding of parenting, and to learn a variety of specific skills.

ASSISTANCE APPLYING FOR A PARDON

Has it been five years since you completed a sentence? If so, you may be eligible for a Pardon which could improve your chances of finding a good job or getting promoted. JHS staff can answer your questions and provide assistance with the process of applying for a pardon.

ANGER MANAGEMENT CLASSES

Offered at our office on Ellice Avenue, the course focuses on building awareness of the underlying feelings behind aggressive or violent behaviour. Students learn how to recognize when they are becoming angry and how to deal with anger appropriately. Courses are offered in the evenings to men over the age of 18, and those with charges pending are welcome.

RESTORATIVE RESOLUTIONS

Restorative Resolutions is a community based sentencing program that seeks to address the harm caused by crime. The project is available to offenders who have pleaded guilty, are facing a prison sentence of 6 months or more, are prepared to make lifestyle changes, and are motivated to take responsibility for their actions. To learn more about the program call Restorative Resolutions at 945-8581.

Program does not deal with charges of family violence, sexual assault, trafficking or gang association.