

Table of Contents

A Review of Basic Math Skills

Lesson #1	Do We Really Use Math Every Day?	8
Lesson #2	The Most Important Math Skill You Will Ever Learn	11
Lesson #3	Adding and Subtracting	17
Lesson #4	Multiplying and Dividing	24
Lesson #5	Decimals	32
Lesson #6	Fractions	38
Lesson #7	Ratios and Proportions	48
Lesson #8	Percentages	53
Lesson #9	Measuring Common Figures	61
Lesson #10	Problem-Solving	68

Putting Math into Practice

Lesson #11	Using Math at the Gym	77
Lesson #12	Estimating the Cost of a Major (and Permanent) Purchase	85
Lesson #13	Planning a Garden	92
Lesson #14	Working as a Plumber	99
Lesson #15	Credit Cards and Payday Lenders	106
Lesson #16	Math in the Media	114