

Each workbook in the literacy series contains written lessons followed by exercises designed to enhance literacy, strengthen reading comprehension, and build analytical and problem-solving skills.

These workbooks were written to appeal especially to incarcerated learners, but we have found that many non-incarcerated individuals also find them quite useful.

Learners at about a grade 7 or 8 level (Stage Three under Manitoba's Stages Literacy Framework) will be able to read these books quite comfortably. Lower level readers can also benefit from the books with the assistance of a tutor or study partner.

Depending on the level of the learner these books can be excellent for independent use; however, some interactive or research activities, particularly in the newer books, will be most fun and effective if done with the help of a tutor or at least a supportive friend or family member.

It should be noted that while some of these books cover topics often addressed by counselors and in treatment programs, the purpose of this series is educational, not therapeutic.

Readers will no doubt learn valuable information about such topics as substance use, parenting, and anger management; however these books should not be considered a substitute for accredited treatment programs in these areas.